

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Bronson Jr/Sr high School, Anderson Elementary, Ryan Elementary

Month and year of current assessment: June 2023

Date of last Local Wellness Policy revision:

Website address for the wellness policy and/or information on how the public can access a copy:
Bronsonschools.org

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Annually

School Wellness Leader:

Name	Job Title	Email Address
Barb Yearling	Food Service Director	yearlinb@bronsonschools.org

School Wellness Committee Members:

Name	Job Title	Email Address
Alanna Denton	Elementary Principal	dentona@bronsonschools.org
Tiffany Dow	Administrative Assistant/Parent	dowt@bronsonschools.org
Kate Wall	Interim Superintendent	wallk@bronsonschools.org
Jessica McKinley	School Nurse/Parent	jessica.mckinley@promedia.org
Jolette Thole	Administrative Assistant	tholej@bronsonschools.org

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

☒ Michigan State Board of Education Model Local School Wellness Policy

☐ Alliance for a Healthier Generation: Model Policy

☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

We used their model as a guide and added district-specific practices.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Bronson Community Schools

Date: 6/29/23

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The District will provide adequate resources (personnel, equipment, ongoing maintenance, technology) to implement the Nutrition Policy.	<ul style="list-style-type: none"> a) Ensure proper staffing in food service department b) Ensure technology is available to promote a healthy lifestyle c) Utilize funding sources to keep equipment up to date 	Continued implementation	<ul style="list-style-type: none"> - Staff rosters/ timesheets - General ledgers from food service budgets 	Food Service Director,, Business Manager, Superintendent	Students, families, and staff	Ongoing
The implementation of the Nutrition Policy and related Health Education Policy will be supported by all employees of the district.	<ul style="list-style-type: none"> a) Intentionally plan reviews of the Nutrition Policy and related Health Education Policy b) Make policies readily available/accessible to all staff 	23-24 School Year	<ul style="list-style-type: none"> - Policy - Meeting agendas/ minutes 	Wellness committee members	Students, families, and staff	No
A District Nutrition Advisory Committee (students, parents, community members, and staff representing all school sites) will meet a minimum of twice annually to review implementation of these policies and regulations and provide an annual report to the Board.	<ul style="list-style-type: none"> a) Form District Nutrition Advisory Committee b) Schedule meetings (minimally twice/year) c) Plan for Annual Report to the Board of Education 	23-24 School Year	<ul style="list-style-type: none"> - Meeting agendas/ minutes 	District Nutrition Advisory Committee & Wellness Committee	Students, families, and staff	No

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Promote and make physical activity choices available to students.	a) Daily recess for grades K-8 b) Physical education/activity and weight-lifting opportunities <ul style="list-style-type: none"> i) Kids Heart Challenge ii) Girls on the Run c) Encourage and offer athletics	Continued implementation	<ul style="list-style-type: none"> - Class lists/schedules - Athletic Rosters/schedules 	Building principals and athletic director	Students and families	New goal

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The board will commit that all schools will participate in available child nutrition programs, including breakfast, lunch, and after school snacks.	a) Promote and provide fruit and vegetables at all points where food is sold. b) Nutritional information is provided and available on bronsonschools.nutrislice.com	Continued implementation	<ul style="list-style-type: none"> - Planning and observation of food choices available - Reminders to students to select fruits and vegetables - Chat Back surveys and feedback 	Food Service Director	Students, families, and staff	Ongoing

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Parents/guardians will be encouraged to support the district's nutrition education efforts by considering nutritional quality when selecting any snacks, which they may donate for occasional special events.	a) Reminders to families about healthier snack choices	23-24 School Year	- Copies of informational notices sent to families	Building principals and staff	Students and families	No

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Parents/guardians will be encouraged to support the district's nutrition education efforts by considering nutritional quality when selecting any snacks, which they may donate for occasional special events.	a) Reminders to families about healthier snack choices	23-24 School Year	- Copies of informational notices sent to families	Building principals and staff	Students and families	No